

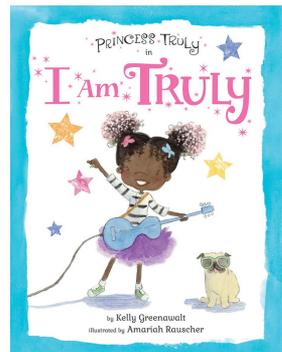
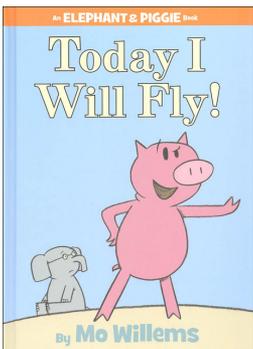
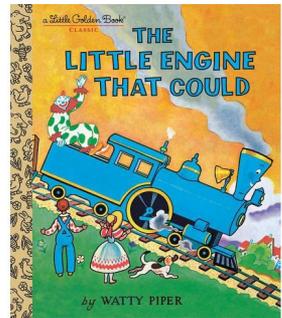
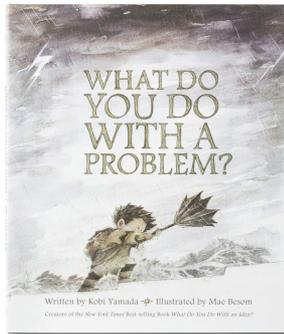
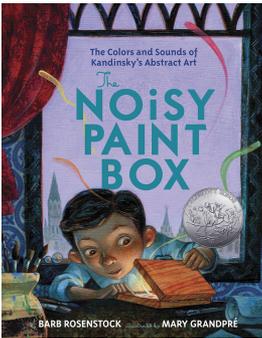
# Family Story Hour

## STORIES ABOUT PERSEVERANCE

### What is Perseverance?

Completing what you start, keep trying even when a task is difficult, being patient with yourself, trying different ways to solve a problem, telling yourself "I can do it!"

### Our favorite books that help teach this value:



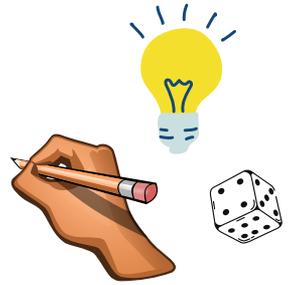
# Family Story Hour

## ACTIVITIES ABOUT PERSEVERANCE

### Roll-A-Story

This activity is a great introduction to creative writing. All you'll need is a 6-sided die, a piece of paper, and something to write with.

Roll the die 3 times to determine the main character, setting and problem of your story. Use our Roll-A-Story chart to get started. After rolling the die 3 times, it's the writer's job to use their imagination to come up with the solution to the problem. Creatively solving problems instead of giving up is a way to show perseverance.



### Egg Balancing



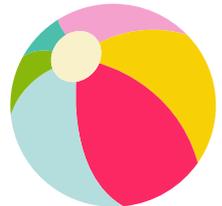
This game provides a challenge without being too difficult. After reading a story about perseverance together, your child can practice perseverance for themselves by balancing an egg on a spoon and walking across a specific distance - such as across the living room or the backyard.

Before you begin, remind your child that if they start to feel frustrated, that's okay! Some potential solutions you can suggest are walking slower, holding the spoon lower, or asking you for help keep the spoon steady. Once they feel comfortable, you can turn it into a relay race with friends or family members.

### Beach Ball Games

You can use any kind of lightweight ball for this activity. A tennis ball or wiffle ball could work. A few simple skills you and your child can practice together:

- Throwing the ball up in the air to yourself and catching it
- Clapping your hands together between your throws and catches (First once, then twice, and so on...)
- Take turns tossing the ball into a large bowl, bucket, or laundry basket
- Place different colored sticky notes around the floor, then have your child aim the ball at colors as you call them out



# Roll-A-Story!

Roll a die 3 times to determine the main character, setting and problem of your story. Use your imagination to solve the problem you land on. You can write or act out your story. Have fun!

<b>ROLL</b>	<b><u>1ST ROLL:</u> CHARACTER</b>	<b><u>2ND ROLL:</u> SETTING</b>	<b><u>3RD ROLL:</u> PROBLEM</b>
	<b>PENGUIN</b>	<b>MAGIC FOREST</b>	<b>LOST THEIR VOICE</b>
	<b>MONKEY</b>	<b>HIDDEN CAVE</b>	<b>DROPS THEIR ICE CREAM</b>
	<b>ASTRONAUT</b>	<b>DISNEYLAND</b>	<b>CAUGHT IN THE RAIN</b>
	<b>PRINCESS</b>	<b>PUMPKIN PATCH</b>	<b>LOST THEIR SHOES</b>
	<b>DRAGON</b>	<b>LIBRARY</b>	<b>GOES BACK IN TIME</b>
	<b>COWBOY</b>	<b>THE BEACH</b>	<b>FALLS IN THE MUD</b>